

Snack Time

We are having individual snacks this year in first grade. Please have your child bring a small HEALTHY snack to eat during our long morning.

Please have the snack cut if needed and provide a spoon, etc. if necessary.

*If remembering to bring a snack is tricky for your family, try putting a few baggies of extra non-perishable snacks in your child's backpack on Monday of each week and then they will be all set for the week.

If you have any questions please contact me!

We did this last year and it worked out very well. My kiddos had some great ideas. Here are just a few:
carrots, pretzels, apple, banana, granola bar, beef jerky, protein bar, cheese crackers, cheese stick, popcorn, veggie chips/straws, Pirate's Booty puffs, hummus/chips and lots of others. (just remember we do not have a refrigerator in the room)

I'm Thirsty!

Please feel free to send your child to school with a water bottle. I only ask that it be plain water, as the flavored waters and other sports drinks seem to attract bees and can be sticky if spilled. Twist off cap bottles spill easily please have a sport type bottle or one with a flip top lid.
Thanks!