

## Student Assistance Purpose

The Camp Hill School District is committed to providing the maximum learning experience for all students. If a student is at risk, he or she can not learn. If a student disrupts the normal school climate, a teacher can not teach productively and other students can not learn. Like other schools, Camp Hill experiences the ill effects of students' at-risk behaviors.

Schools are the only institutions through which all young people must pass. This gives the schools a unique opportunity to identify and help those whose lives are negatively affected by at-risk behaviors.

## Confidentiality Statement

The Student Assistance Team is committed to the utmost confidentiality in all aspects of the intervention process. Matters brought before the team members will not be shared outside the team, unless written consent is obtained. Parent/Guardian written consent prior to an interview with a student is a required part of the SAP process. Additionally, as school personnel, the team members are obligated to report to the proper authorities cases of child abuse and neglect (as defined by the Pennsylvania Child Protective Services Law) and situations where a student may deliberately harm him/herself or others.

# 2018-2019 Student Assistance Team Members

## Middle School / High School Core Team

Crystal Ackerman  
Joe Capers  
Rachel Debias  
Leslee DeLong  
Jamie Doi  
Raeleen Eckerd-Taylor  
Heather Hairhoger  
Dena Higgins  
Tonya Ivey  
Ryan Keenen  
Cristy Rice  
Kate Shaffer  
Mark Ziegler

## Ad Hoc Members

Patricia Craig— Superintendent  
Tracey Quigley-Jones—Director of Educational Services  
Amy Waugh- Teenline Liaison  
Chad Acker- Cumberland/Perry Drug & Alcohol Liaison

For more information contact  
High School Counseling Center  
717-901-2500 extension 3969

## *Camp Hill Student Assistance Program*



## *Helping At-Risk Teens*

Camp Hill School District  
Camp Hill, Pennsylvania

## Introduction

The Pennsylvania Department of Education has encouraged the development of Student Assistance Programs in the 501 school districts across the state. On April 16, 1990 the Board of School Directors approved the establishment of a Student Assistance Team for the Camp Hill High School / Middle School. In 2006-2007, Hoover Elementary implemented a Student Assistance Team.

## What Is Student Assistance?

The Student Assistance Program is an intervention process that aims to assist the student and family with any barriers to education. The program's goal is to work with both the student and the family to ensure that these barriers can be limited or removed.

These barriers include, but are not limited to, the following:

1. Academic and behavioral challenges,
2. Mental health concerns such as anxiety, depression, self-harm, and suicidal thoughts or ideation,
3. Truancy,
4. Substance abuse concerns for the student or addiction in the family,
5. Family stress,
6. Relationship stress of friends or break ups with significant others,
7. Bullying,
8. Grief and loss

## THE CORE TEAM

The heart of a Student Assistance Program is the core team, which is a small group of school personnel who are specifically trained to work with at-risk students. The team is typically composed of a central office administrator, a building administrator, counselors, a school nurse, and several core teachers. In addition, representatives from community mental health and drug and alcohol agencies serve as members of the core team.

Members of the core team need to have a common base of knowledge about Student Assistance Programs in relation to adolescent chemical dependency, suicide, and other mental health concerns. This requires intensive off-site training in order to implement successfully a Student Assistance Program and to become a member of the team. Once the core team training is completed, members meet weekly.

**THIS TEAM IS NOT A DISCIPLINARY TEAM, NOR DOES IT PROVIDE THERAPY,** but it will refer students to appropriate sources of help.

## How Does The Student Assistance Team Function?

The principal activities of the Student Assistance Team (core team) are as follows:

1. To receive referrals concerning at-risk students,
2. To conduct needs assessments for referred students,
3. To contact parents and involve them in the process, and
4. To arrange assistance from the intervention resources in the school and the community.

The Student Assistance Team will receive referrals from school personnel, parents, students, coaches/advisors, as well as self-referrals and anonymous referrals. A referral may be made by directly contacting a core team member, a school counselor, a teacher, or an administrator.