

_____ 's Daily Schedule

_____ am
Breakfast, get dressed, brush teeth, free time



_____ am
Learning time!



_____ am
Movement and Snack time
(Play outside, gonoodle, yoga, etc)



_____ am
You choose!



_____ pm
Lunch



_____ pm
Learning time!



_____ pm
Movement and Snack time
(Play outside, gonoodle, yoga, etc)



_____ pm
Chores, then free time.



_____ pm
Dinner/Family time/Free time



_____ pm
Bath, PJs, brush teeth, bedtime

