



# WALKING & BIKING TO SCHOOL SAFELY

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Walking and biking is a fun and healthy way to get to school, as long as you do it safely! Here are a few tips to remember.

## SAFE WALKING

As you walk to school, remember these safety tips:

- Walk on the sidewalk or a walking path. Where there is no sidewalk and you have to walk on the road, be sure to walk facing traffic.
- Always walk when crossing the street, never run across the street to catch a ball or chase a toy, a friend, or a pet.
- Darting out in front of a parked car is dangerous. The driver of the car coming down the street can't see you.
- Cross at corners and use crosswalks whenever possible; always stay within the lines of the crosswalk.
- Never go for a walk with a stranger. Only walk with someone who your parents say is okay.
- Be careful around parked cars; stop, look left, look right, and look left again before stepping out.

## SAFE BIKING

As you bike to school, remember these safety tips:

- When riding your bike to school, ALWAYS wear a helmet that is properly fitted.
- Ride on the right side of the road in a single file line (one bike behind the other) in the same direction as other vehicles and come to a complete stop before crossing streets.
- Walk your bike on school grounds and at all crosswalks.
- Park and lock your bike in the bike racks located by the south parking lot or the bus loop.

## SAFE CROSSING WHEN BIKING OR WALKING

- Stop at the curb or the edge of the road (if there is no curb) before you cross.
- Stop and look left, then right, then left again, turning your head to see over your shoulder for moving cars, before you step into the street.
- Listen for the sound of car motors, car doors, sirens, and horns before you enter the street.
- If you see a car, wait until it goes by. Then look left, right, left again until no cars are coming. Be aware that cars may not stop even if you have the right-of-way.
- If a car is parked where you are crossing, look to make sure there is no driver and that the car is not running. **DO NOT WALK OR RIDE BETWEEN PARKED CARS OR BUSES!**
- When no cars are coming, **WALK-do not run-or ride across the road.** Keep looking for cars while you are crossing.
- Obey all traffic signs, signals and adult school crossing guards.