

# CAMP HILL YOUTH WRESTLING 2018 - 2019

**Wrestlers Name:** \_\_\_\_\_

**T-Shirt Size** YS YM YL AS AM AL AXL (circle one)

**GRADE:**

Parents Name: \_\_\_\_\_ PHONE: (C) \_\_\_\_\_ (H) \_\_\_\_\_

Email :

Parents Name: \_\_\_\_\_ PHONE: (C) \_\_\_\_\_ (H) \_\_\_\_\_

Email:

**Registration Fees: \$50.00 per Wrestler (\$25.00 Wrestle For Fun)**  
**(Maximum of \$80.00 per family regardless of the number of wrestlers and programs attending)**

**Cash or – Checks payable to “Camp Hill School District” -**  
**Please pay at Registration /1<sup>st</sup> Practice**

## PARENTAL CONSENT TO PARTICIPATE

I, \_\_\_\_\_ (parents name), do hereby declare that,  
\_\_\_\_\_ (wrestler's name) is registered as a participant of the Camp Hill Youth Wrestling /  
Wrestle For Fun Program for the 2017-2018 season, and do fully understand that a physical is not required in  
this program, but is recommended. We also understand that this wrestling activity is a full-contact sport.

If we, or the emergency contact, are unable to be contacted, we give our consent to medical/surgical  
treatment as necessary. We enter at our own risk and of free will, and we the undersigned as herein identified,  
will not in any way hold the Camp Hill Youth Wrestling Program / Wrestle for Fun Program or Camp Hill School  
District, volunteers, employees or agents thereof liable for any and all injuries that we may receive, or in any  
and all losses that we may incur, directly or indirectly, from training for, traveling to or from, or participating in  
the aforementioned wrestling program or related activities.

**PARENT / GUARDIAN'S SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_



## CAMP HILL YOUTH WRESTLING

Come join the Youth Wrestling  
Program for the 2018 - 2019 Season.

Once again, we are offering two programs for the students in our school district based on age. **Students from other districts are also welcome to attend.**

**For grades K - 2:** a “Wrestle for Fun” program will be held on 4 Saturday mornings and 1 Friday evening starting January 12th, 2019. This is designed to be a fun, introductory program to teach the very basics of wrestling. Registration and first practice will be held on January 12<sup>th</sup>, 2018 at 8:30 am in the Hoover Gym. The main objective of the “Wrestle for Fun” program is to give interested students basic wrestling technique. The practice is high energy and tons of fun. The Head coach is Chad Gallaher ([cgallaher@camphillsd.k12.pa.us](mailto:cgallaher@camphillsd.k12.pa.us)). The wrestling coaching staff, and the entire high school wrestling team will assist him.

**For students in grades 3, 4, 5, and 6:** registration and first practice for the **Youth Wrestling Club** will be held on Monday, December 3rd at 5:30 pm in the Hoover Gym. This year we will participate in scrimmages against other area youth wrestling teams and selected open-youth tournaments. Dates to be determined. The coaches for this program include head coach Jason Wolgemuth [jbwgreen@aol.com](mailto:jbwgreen@aol.com) and assisted Mike Feldman [hfdbadge1@yahoo.com](mailto:hfdbadge1@yahoo.com) and Chad Gallaher ([cgallaher@camphillsd.k12.pa.us](mailto:cgallaher@camphillsd.k12.pa.us))

### Important Information

The cost for the Wrestle for Fun program is \$ 25.00 per wrestler. The Youth Wrestling program cost is \$ 50.00 per wrestler. A maximum of \$ 80.00 per family will be charged if you have multiple children. For safety and hygienic reasons, all participants are encouraged to use wrestling shoes. Headgear is also recommended for the children participating in the wrestling club (grades 3-6). Both items are commonly available at local sporting goods stores, or on-line.

For more information about either program please contact Coach Chad Gallaher at [cgallaher@camphillsd.k12.pa.us](mailto:cgallaher@camphillsd.k12.pa.us)

# CAMP HILL SCHOOL DISTRICT

## PROOF OF INSURANCE

This form must be completed and submitted at the time of registration, for any student to be able to participate in an athletic clinic/club/camp using CH facilities.

Activity \_\_\_\_\_

Student's Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (C) \_\_\_\_\_ Email \_\_\_\_\_

Place of Employment \_\_\_\_\_

Health Insurance Carrier \_\_\_\_\_

Policy Number \_\_\_\_\_ Plan Number \_\_\_\_\_

In case of emergency, please notify \_\_\_\_\_

If neither parent/guardian is available in an emergency, please contact:

1. \_\_\_\_\_ Phone \_\_\_\_\_

2. \_\_\_\_\_ Phone \_\_\_\_\_

## CAMP HILL Wrestle For Fun PRACTICE SCHEDULE Grades K-2

December 2018						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Practices in the Hoover Gym						1

January 2019						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12 Registration 8:30-9:00 Practice 9- 10:15am
13	14	15	16	17	18	19 Practice 9:00- 10:15
20	21	22	23	24	25	26 Practice 9:00- 10:15
27		29	30	31		

February 2019						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2 Practice 9:00- 10:15
3	4	5	6	7	8 Practice 4:15- 5:30	9

# CAMP HILL YOUTH WRESTLING CLUB PRACTICE SCHEDULE Grades 3-6

December 2018						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Practices in the Hoover Gym						1
2	3 Registration 5:30pm Practice 6:00 - 7:10	4 Practice 6:00 - 7:10	5	6 Practice 6:00 - 7:10	7	8
9	10 Practice 6:00 - 7:10	11 Practice 6:00 - 7:10	12	13	14	15
16	17	18 Practice 6:00 - 7:10	19 Practice 6:00 - 7:10	20	21	22
23	24	25	26	27	28	29

January 2019						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
30	31	1	2 Practice 6:00 - 7:10	3 Practice 6:00 - 7:10	4	5
6	7	8 Practice 6:00 - 7:10	9 Practice 6:00 - 7:10	10	11	12
13	14 Practice 6:00 - 7:10	15 Practice 6:00 - 7:10	16	17	18	19 Practice 9:00-10:15
20	21	22 Practice 6:00 - 7:10	23	24	25	26 Practice 9:00-10:15
27	28 Practice 6:00 - 7:10	29 Practice 6:00 - 7:10	30	31		

February 2019						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2 Practice 9:00- 10:15
3	4	5 Practice 6:00 - 7:10	6	7 Team Pizza Party at Robertos 6:00		

Some practices may be changed to fit tournaments and scrimmages with other teams.