

MARCH 2023

CAMP HILL SCHOOL DISTRICT

LUNCH



Cost of lunch: \$3.00
Extra Milk: .75
Rotating fruit and vegetables served daily
MENU SUBJECT TO CHANGE WITHOUT NOTICE



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



A: Breakfast Burrito **1**
B: Buffalo Chicken Wrap
C: PB&J

A: Chicken Alfredo **2**
B: Chicken Cesar Wrap
C: PB&J

A: Calzone **3**
B: Egg Salad Sandwich
C: PB&J

A: Corn Dog **6**
B: Southwest Chicken Wrap
C: PB&J

A: Chicken Burrito **7**
B: Tuna Salad Sandwich
C: PB&J

A: Meatball Sub **8**
B: Ham & Cheese Bento Box
C: PB&J

A: Spaghetti **9**
B: Italian Wrap
C: PB&J

A: Macaroni & Cheese **10**
B: Chicken Ranch Wrap
C: PB&J

A: Pulled Pork Quesadillas **13**
B: Chicken Cesar Salad
C: PB&J

A: Waffles **14**
B: Yogurt with Grain Bar
C: PB&J

A: Cheeseburger **15**
B: Turkey & Cheese Wrap
C: PB&J

A: Grill Cheese **16**
B: Italian Wrap
C: PB&J

SCHOOL CLOSED **17**

A: Breakfast Sandwich **20**
B: Yogurt with Bagel
C: PB&J

A: Hot Ham & Cheese **21**
B: Turkey BLT Wrap
C: PB&J

A: Ravioli's **22**
B: Cesar Salad
C: PB&J

A: Walking Taco **23**
B: Taco Salad
C: PB&J

A: French Toast Sticks **24**
B: Yogurt with Grain Bar
C: PB&J

A: Hamburger Mac **27**
B: Buffalo Chicken Wrap
C: PB&J

A: Baked Ziti **28**
B: Ham & Cheese Wrap
C: PB&J

A: Chicken Fajitas **29**
B: Crispy Chicken Salad
C: PB&J

A: Pierogi's **30**
B: Cesar Salad
C: PB&J

A: Pizza **31**
B: Egg Salad Sandwich
C: PB&J